

# Digestive System

KEY SYSTEMS PRODUCT

*Food Enzymes*



## STOMACH/LIVER/PANCREAS

### OVERACID/IRRITATED (HOT)

#### General Indications:

- Sharp pain in stomach/esophagus
- Fairly good digestion of food

#### Acid Indigestion (Acute)

##### Indications:

- Heartburn
- Bloating
- Sour belching
- Stress
- Inflammation

#### Ulceration/Inflammation\* (Chronic)

##### Indications:

- Sharp, stabbing pains after eating or drinking
- Pain triggered by spicy foods, sweet foods or drinks, or fibrous foods
- Less pain when eating dairy or starches

**Stomach Comfort**  
Papaya Mint

**Intestinal Soothe & Build**  
Gastro Health (Herbal H-p Fighter)

### LIVER PROBLEMS

#### General Indications:

- Allergies
- Skin Disorders
- Hormone imbalances
- Emotional problems

Time-Release Milk Thistle

#### *Irritated (Hot)*

##### Indications:

- Bloating
- Headaches
- Irritability
- Flushing of face
- Acne

**Chinese Liver Balance (LIV-C)**

#### *Sluggish (Cold)*

##### Indications:

- Groggy feeling
- Malaise
- Discouragement
- Chronic depression
- Hormone imbalances
- Body & foot odor

**Chinese Blood Build (BP-C)**

### UNDERACID/WEAKENED (COLD)

#### General Indications:

- Dull pain or burning
- Chronic bloated feeling
- Excessive flatulence
- Heavy feeling in stomach

#### Acid/Enzyme Deficiency (Acute)

##### Indications:

- Nausea or flu-like symptoms
- Knotted feeling in stomach
- Aging
- Severe gas or bloating
- Lack of hydrochloric acid

**Food Enzymes**

#### Wasting\* (Chronic)

##### Indications:

- Paleness
- Anemia
- Anorexia
- Bulimia
- Cold extremities
- Frequent gas & bloating

**Spleen Activator (UC-C)**

*\*For proper diagnosis of this potentially serious condition, please consult a health care professional.*